

Live Superworm Care Sheet

On arrival, shake worms out and put into a plastic container (kitty litter pan or dish pan).

Add a 1" layer of wheat bran or mealworm bedding

Moisture is provided by a small piece of raw potato, carrot, celery, (this is essential)

Do NOT Refrigerate Superworms!!! It will kill them. Keep them between 75 Degrees and 85 Degrees

They will not change to pupae or beetles, but their shelf life is roughly 4 months to 1 year when given food, water, and kept at room temperature.